



Canoe/

Technical Race

Hosted By: Lac La Ronge Indian

Band August 10 - 16 , 2024

1.0 Terms of Reference

This plan will identify the facilities and contracting responsibilities, sport technical requirements including results and medal presentations, specific venue needs and support requirements such as medical, transportation and storage.

2.0 Sport Technical Plan

| | |
|---------------------------|---|
| Sport: | Canoe |
| Competition Dates: | August 13 - 15, 2024 |
| Venue: | The Village of Air Ronge Beach and Marina |

3.0 Game Maintenance

The host organizing committee is responsible for working with the Canoe Kayak Saskatchewan to ensure that all lanes, equipment and referee boats are available for the event.

The costs of the event are the responsibility of the host organizing committee.

4.0 Team Structure

4.1 Overview of Team

Each Tribal Council / Team is allowed only Ten (10) Athletes in each age division (5 male & 5 female)

| | Male | Female | Total |
|--------------------|------------------------|--------|-----------|
| 15U | 5 | 5 | 10 |
| 17U | 5 | 5 | 10 |
| Coaches | 1 | 1 | 2 |
| Managers | 1-2 (1 of each Gender) | | 1 or 2 |
| Chaperones | 2 (1 of each Gender) | | 2 |
| Total Team: | | | 26 |

4.2 Alternates:

- a) Each team can register Two(2) Male and Two (2) Female alternate athletes per age category;

- b) Alternates are athletes selected through a Team trials event that can fill team spots should a full-team member need to withdraw before the start of the Games. Alternates may train with the team but typically do not travel to the event;
- c) Alternates must be placed prior to the commencement of the Games;
- d) Upon commencement of the Games, no changes to the team roster is permitted. Extreme cases may be considered if presented, in writing, to the Chief Official.

4.3 Athlete Classification

| | | |
|------------|--------------------------|----------------|
| 15U | Male & Female | Born 2009/2010 |
| 17U | Male & Female | Born 2007/2008 |

Athletes can only be 1 year younger than the youngest age group. Athletes cannot be born before 2007.

4.4 Coaches

Each Tribal / Grand Council must have a minimum of 1 female coach and a minimum of 1 male coach. Teams may share coaches.

4.5 Coach Certification

| | |
|---|---|
| Ideal Level of Certification (of all coaches) | <ul style="list-style-type: none"> ● CERTIFIED - Marathon Entry Level Competitive Coach (ELCC) ● Respect In Sport or SafeSport ● NCCP Aboriginal Coaching Module (ACM) |
| Recommended Minimum (of all coaches) | <ul style="list-style-type: none"> ● TRAINED - Marathon Entry Level Competitive Coach (ELCC) OR ● TRAINED - Sprint Entry Level Competitive Coach (ELCC) ● Respect In Sport or SafeSport ● NCCP Aboriginal Coaching Module (ACM) |
| Minimum Certification | <ul style="list-style-type: none"> ● CanoeKids Certified IF a team coach holds an ELCC certification* ● Respect In Sport or SafeSport |

*Teams can share Coaches to ensure all certification requirements are met. Please indicate this on the Team registration form.

4.6 Managers & Chaperones:

Each Tribal / Grand Council may bring 2 Chaperones and 2 Managers for the team. Managers may be of either gender. Chaperones need to have 1 of each gender.

5.0 Eligibility

- 5.1 The Tony Cote First Nation Summer Games shall be open to Saskatchewan Residents who are of Status Indian Ancestry. Athlete treaty numbers are required as proof;
- 5.2 All athletes must be a member of a First Nation within the Federation of Saskatchewan Indian Nations;
- 5.3 Athletes must compete with the Tribal/ Grand council teams that they are members of;
- 5.4 Transfer of Status Indians to another Tribal /Grand council is allowed as per Saskatchewan First Nation Winter and Summer Technical Manual RESIDENCY clause;
- 5.5 All Competitors & Staff must be a member of the Canoe Kayak Saskatchewan.

6.0 Provincial Registration

- 6.1 All athletes, coaches and managers must be registered with *Canoe Kayak Saskatchewan*.
- 6.2 Fee: \$20/ Athlete, Alternate, Coach, Manager
- 6.3 Canoe Kayak Saskatchewan will provide a Team Registration form to all Tribal/Grand Councils
- 6.4 Each Tribal/Grand Council is responsible to send completed registration form and ONE complete payment to the Canoe Kayak Saskatchewan office.

Digital payment and correspondence is preferred.

| | |
|---------------------|--|
| Cheques Payable to: | Canoe Kayak Saskatchewan |
| Mailing Address: | 1870 Lorne Street, Regina, SK S4P2L7 |
| Email: | canoekayaksask@gmail.com |
| Etransfer: | canoekayaksask@gmail.com |

- 6.5 Payment and registration are due no later than **July 11th, 2024**.
- 6.6 Teams that have not submitted their registration & payment prior to the commencement of the Games will not be eligible to compete.
- 6.7 Teams that have outstanding fees to Canoe Kayak Saskatchewan (ex. from previous games) will not be eligible to register or compete until payments are complete.

7.0 Events

A Draft order of events will be provided to each Tribal Council Team.

If possible, a Mixed Voyageur canoe Race will be added per age category. This will depend on availability of the equipment at the host community, as well as the structure of the race course.



| Category | U15 | | | U17 | | |
|---------------|-------------------|----------|-------|-------------------|----------|-------|
| Year of Birth | Born in 2009/2010 | | | Born in 2007/2008 | | |
| Gender | Male | Female | Mixed | Male | Female | Mixed |
| 1000m | C1 K1 | C1 K1 | C2 | C1 K1 | C1 K1 | C2 |
| 3000m | C2 | C2 | C2 | C2 | C2 | C2 |
| 6000m | | | | C2 | C2 | C2 |

The notification of the inclusion of this event will be communicated to coaches on the entry form at the latest.

8.0 Entries

- 8.1 Team Coaches will be provided with an entry form to register athletes for the events. Please ensure Coach contact information has been provided to Canoe Kayak Saskatchewan;
- 8.2 Teams will be entitled to 2 entries per event;
- 8.3 A “Draw”/draft schedule (with athlete assignments) will be sent to all Coaches/Teams and will be reviewed at the Coaches Meeting;
- 8.4 Name changes/scratches/additions may be made prior to the start of the competition each day AND at the lunch break. Other changes may be permitted at the discretion of the Competition Secretary.

9.0 Lane Assignment

Lanes will be assigned at random. Entries added after the start of competition will be assigned to an open lane at the discretion of the competition secretary.

10.0 Heats & Finals & Tie Breaking

- 10.1 All event distances will be timed.
- 10.2 Events are either Direct Finals OR Heats + Finals depending on the number of entries and available lanes. There will be no consolation Finals.
- 10.3 Heat to Final Progression

| | |
|---------|-------------------|
| 2 Heats | Top 2 + 4 Fastest |
| 3 Heats | Top 2 + 2 Fastest |

- 10.4 Tie Breaking - The Chief Official will be responsible for breaking any Ties. Typically, they will use the following information to guide their decision:
 - a) If two or more boats tie in a heat that qualifies the boat for the next round, all boats in question will progress as long as there are enough lanes available in the next round. In this situation, a boat will be permitted to compete in the additional "0" lane.

- b) If there are not sufficient lanes available in the next round, an extra race will be organized between all ties. This race will take place one hour after the final scheduled race in the relevant session.
- c) If there is a tie for a medal position in the final, a tie for first will result in two medals being presented to the tied participants and no medal presented for second. A tie for second will result in two medals being presented to the tied participants and no medal presented for third. A tie for third will result in two medals being presented to the tied participants.
- d) The points for any tie will be shared.

11.0 Scoring

Points will be allocated in the following way:

| | | | |
|----------------------|---------------------|---------------------|---------------------|
| 1st place: 10 points | 3rd place: 8 points | 5th place: 6 points | 7th place: 4 points |
| 2nd place: 9 points | 4th place: 7 points | 6th place: 5 points | 8th place: 3 points |

12.0 Event Rules (Summary)

The event will use a combination of Marathon Canoe Racing Council and Sprint Racing Rules.

- 12.1 All athletes must be at the starting line no less than 3 minutes to the start of the listed event time;
- 12.2 Athletes will hear: "Five minutes to start" then "Three minutes to start" then "One minute to start." then Ready, Set, ____An Air Horn or Whistle sound will begin the race;
- 12.3 Boats must be behind or on the start line, not in front. Where wind/currents render a stationary line-up impossible, a "rolling start" may be used, at the discretion of the Starter, to allow the boats to drift towards the line together with a view to crossing on the signal;
- 12.4 A False Start is when a boat moves ahead before the Airhorn. Two quick blasts of the Airhorn indicate all paddlers must return to the Start line. The athlete/team that False started will be given a warning or if multiple infractions have occurred by the same individual/team, they may be reported to the Chief Official for potential Disqualification;
- 12.5 All competitors must end within the finish line. The travel direction and the number of buoys a team must navigate on turns will be provided at the event;
- 12.6 When passing, athletes must stay clear of the boat at all times (right away goes to the boat in front). Take caution around the buoys to not collide with boats;
- 12.7 Disqualifications from the event will occur if any competitor:
 - a) Cheats or Misses buoys on turns
 - b) Deliberately comes in contact with the paddle, canoe or person of another competitor,
 - c) Deliberately steers into another crew

12.8 Long distance Races (3000m & 6000m)

- a) If an athlete flips they may empty and re-enter the race. Athletes may be assisted with the emptying process so long as it doesn't interfere with the other competitors or progress the athlete in any way.
- b) Coaches are encouraged to ensure that all athletes entering the long distance races have the physical strength and skill to compete in that event. If an athlete is lapped 2 times, they will be notified by the on-water safety boat/referee and disqualified from the event.

12.9 Coaches are not permitted to accompany and assist boats along the course OR Coach from the water.

13.0 Protest Procedure

13.1 Event Protests

- a) All protests must be dealt with 30 minutes after posted results.
- b) Protests are allowed on rules application only
- c) Protests must be made to the head official, FSIN and the tournament chairperson to make a decision

13.2 Eligibility Protests

- a) The FSIN Sport, Culture, Youth and Recreation Board will act as the Jury for all protests dealing with the eligibility of Athletes.
- b) All protests must be communicated to the FSIN Games Coordinator no later than 15 minutes after the posted results.
- c) Protests must be signed by the Team Sport Contact/ Chef-de-Mission or his/her mission staff designate of the participating team. This designate must be submitted in writing.
- d) A fee of \$500.00 will be in place for all protests. This fee will be given directly to the FSIN Games Managers or Technical Director for Athletics. Cash will be the only accepted form of payment. This fee will be put toward the Youth Championships if the protest is lost. Protest fee will be returned if the protest is won by the Team protesting.

14.0 Equipment

14.1 Canoes, paddles and life jackets will be the responsibility of the host committee. Canoe Kayak Saskatchewan will assist with the organization of equipment but the cost of rentals or transportation costs will be at the cost of the Host society;

14.2 Participants may not be "tied", "strapped" or "secured" to the boat or its floorboard in any manner;

14.3 Canoes will be 16 ft clipper Yukon (fiberglass model).
All canoes within the same heat/final will be the same to ensure fairness.

14.4 PFDs must be worn by all athletes regardless of age/swimming ability. PFDs must be non-inflatable and Government of Canada approved.

14.5 Athletes may bring their own paddles. Canoe paddles may be straight or bent shaft and made from either wood or carbon.

14.6 Other Items:

- a) For solo races, items may be added for a center seat (ex. milk crates)
- b) Water Bottles and/or hydration packs are permitted

15.0 Competitive Uniform

15.1 Competitive Uniform

- a) All athletes must wear their Tribal/ Grand council shirts with the Tribal/Grand Council logo or team name clearly displayed on their shirt.
- b) Athletes must wear appropriate shorts such as Athletics Shorts. Jeans and Cut off jeans will not be accepted nor will long style board shorts or swim shorts.
- c) Running shoe types are permitted in Canoes.
- d) In the event of inclement weather, athletes may be allowed to wear additional competition clothing such as thin pants, spandex tights, etc.
- e) Final discretion on all Uniform approval remains with the Chief official.

15.2 Uniform Colors

Teams shall select appropriate walk on and competition uniforms adhering to the color schemes approved by the FSIN SCYR Board. The approved color schemes are as follows:

| Tribal/ Grand Council | Colors |
|--|---|
| ACTC - Agency Chiefs Tribal Council | Gold – black and white trim |
| BATC - Battleford Agency Tribal Chiefs | Red – white trim |
| BOFN - Beardy's & Okemasis Cree Nation | Red – black and white trim |
| BRFN | Blue – white and green trim |
| BTC - Battlefords Tribal Council | Maroon – gold trim |
| FHQTC - File Hills/Qu'Appelle Tribal Council | Green – grey and white trim |
| MLTC - Meadow Lake Tribal Council | Blue – white and gold trim |
| OLFN - Onion Lake Cree Nation | Black – white and gold trim |
| PAGC - Prince Albert Grand Council | Navy blue – white trim |
| STC - Saskatoon Tribal Council | Navy blue – red, gold and white trim |
| SET4TC - Southeast Treaty 4 Tribal Council | Red – white and blue trim |
| TATC - Touchwood Agency Tribal Council | Navy – red and white trim |
| Woodland - Woodland Sector | Forest green – grey, white and black trim |
| YTC - Yorkton Tribal Council | Teal/black – grey/white and black trim |

16.0 Officials & Volunteers

16.1 Recruitment

Canoe Kayak Saskatchewan will work with the Host society to ensure there is an adequate number of officials for the event. Canoe Kayak Saskatchewan will assign the Chief Official for the event. All Officials will meet prior to the commencement of the event to review the safety requirements.

16.2 Required number of Officials

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|------------------|--|
| Major Officials: | Chief Official, Competition secretary, Starter, Aligner, Course Referee, Finishing line judge, |
| Minor Officials: | Boat Scrutineer/Athlete Marshall, Time keepers (2+), Rescue Boat/Safety |
| Volunteers: | Announcer, Rescue Boat Drivers X2, Garbage pick up, Bathroom supervisor, Water Refill |

16.3 Official Certification Levels

- a) Chief Official should be Level 3 (National) certified
- b) Other Major officials will be at minimum Level 1/2 (Regional/Division) trained.
- c) Minor Officials are encouraged to take Level 1/2 training

17.0 Medals

Medals to be awarded: Gold, Silver, Bronze. The following are the estimated minimum # of medals required based on events.

| | Gold | Silver | Bronze |
|---------------|-----------------------------|-----------------------------|-----------------------------|
| U15 Events | 4 singles + 4 teams(8) = 12 | 4 singles + 4 teams(8) = 12 | 4 singles + 4 teams(8) = 12 |
| U17 Events | 4 singles + 7 teams(14)=18 | 4 singles + 7 teams(14)=18 | 4 singles + 7 teams(14)=18 |
| Total: | 42 | 42 | 42 |

If possible, Family members of the athletes or Community Elders will be given the chance to present the medals to their athletes.

18.0 Medical Services

Medical Services will be provided by the host society. A minimum of one First Responder will be on location at each of the three venues at all competition times. The First Responder will be equipped with a First Aid Kit.

19.0 Security

A minimum of one security personnel will be on location at the venue at all competition times

20.0 Contact Information

FSIN Contact Information

| | |
|-------------|--|
| Name: | April Tipewan |
| Department: | Sports & Recreation |
| Address: | 10-134 Kahkewistahaw Crescent, Saskatoon, SK S7R 0M9 |
| Tel: | 306-841-7326 |
| Email: | April.tipewan@fsin.com |

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| Games Manager Information: | Lac La Ronge Indian Band Director of Sport, Culture and Recreation |
| Name: | Kevin Roberts |
| Address: | 409 Far Reserve Road, La Ronge, Sk. S0J 1L0 |
| Telephone: | (306)420-7529 |
| Email: | kroberts@lrib.ca |

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| Sport Chair Contact: | Norman Mckenzie |
| Address: | 409 Far Reserve Road, La Ronge, Sk. S0J 1L0 |
| Tel: | Cell (306)420-7324 Work (306)425-3944 |
| Email: | Norman.mckenzie@lribpw.ca |

Technical Delegate & Canoe Kayak Saskatchewan Representative:

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| Contact: | Jessica Riley |
| Address: | 1870 Lorne Street, Regina, SK, S4P2L7 |
| Tel: | 306-540-7062 |
| Email: | cksaskpdd@gmail.com |

Results Chair & Chief Official

| | |
|----------|--|
| Contact: | TBD by Canoe Kayak Saskatchewan |
| Address: | |
| Tel: | |
| Email: | Via canoe kayak Saskatchewan cksaskpdd@gmail.com |

TECHNICAL/MANUAL CERTIFICATION

The below signatures are to certify that this technical manual has been approved in its entirety by the Federation of Saskatchewan Indian Nations Sport, Culture, Youth and Recreation Board, the Games Manager and the Provincial Sport Governing Body Representative.

| | | |
|----------------------|-----------------|----------------|
| FSIN CHAIRPERSON: | April Tipewan | May 17, 2024 |
| SPORT MANAGER: | Norman Mckenzie | April 23, 2024 |
| PSGB REPRESENTATIVE: | Jessica Riley | April 23, 2024 |